The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, , you can go to www.nifmcp.com or call 1-877-937-9602. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call 1-877-937-9602 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	$350 per individual or $1,050/family.	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your deductible?	Yes. Preventive care and primary care services are covered before you meet your deductible.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan?	$1,900 individual (medical); $1,000 individual / $3,800 family (medical); $1,000 per person/$2,000 per family (Rx).	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit?	Copayments for certain services, premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See www.nifmcp.com or call 1-800-810-2583 for a list of network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	15% coinsurance	25% coinsurance	None
	Specialist visit	15% coinsurance	25% coinsurance	None.
	Preventive care/screening/ immunization	No charge.	No charge.	You are responsible for any balance-billing charges.
If you have a test	Diagnostic test (x-ray, blood work)	15% coinsurance	25% coinsurance	Precertification required unless an emergency. You may only be responsible for the in-network rate for certain out-of-network charges when received at an in-network facility or during an emergency medical condition. For more information, contact the Benefit Office.
	Imaging (CT/PET scans, MRIs)	15% coinsurance	25% coinsurance	
If you need drugs to treat your illness or condition More information about **prescription drug coverage** is available at www.nifmcp.com	Generic drugs (Tier 1)	No charge.	Not covered.	If you decline a generic substitution, you must pay the cost difference between the brand and generic. The difference does not apply to your out-of-pocket limit.
	Preferred brand drugs (Tier 2)	20% coinsurance	Not covered.	None.
	Non-preferred brand drugs (Tier 3)	30% coinsurance	Not covered.	Minimum $40 retail, $80 mail.
	Specialty drugs (Tier 4)	No charge, 20% or 30% coinsurance	Not covered.	Your coinsurance cost varies depending on the prescription drug. Certain drugs may require prior authorization under the Plan's Step Therapy Program.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	15% coinsurance	Not covered.	No coverage for out of network ambulatory surgical centers.
	Physician/surgeon fees	15% coinsurance	25% coinsurance	You may only be responsible for the in-network rate for certain out-of-network charges when received at an in-network facility or during an emergency medical condition. For more information, contact the Benefit Office.

* For more information about limitations and exceptions, see the plan or policy document at www.nifmcp.com.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need immediate medical attention	Emergency room care	$100 copayment; 15% coinsurance	$100 copayment; 15% coinsurance	$100 emergency room copayment is waived if visit results in an inpatient admission. You may only be responsible for the in-network rate for certain professional charges when received at an in-network facility or during an emergency medical condition. For more information, contact the Benefit Office.
	Emergency medical transportation	15% coinsurance	15% coinsurance	
	Urgent care	15% coinsurance	25% coinsurance	
If you have a hospital stay	Facility fee (e.g., hospital room)	15% coinsurance	25% coinsurance	$250 benefit reduction for failure to pre-certify an inpatient hospitalization. You may only be responsible for the in-network rate for certain charges when received at an in-network facility or during an emergency medical condition. For more information, contact the Benefit Office.
	Physician/surgeon fees	15% coinsurance	25% coinsurance	You may only be responsible for the in-network rate for certain charges when received at an in-network facility or during an emergency medical condition. For more information, contact the Benefit Office.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	15% coinsurance	25% coinsurance	None
	Inpatient services	15% coinsurance	25% coinsurance	
If you are pregnant	Office visits	15% coinsurance	25% coinsurance	Cost sharing does not apply for preventive services. Depending on the type of services, a coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound). No maternity coverage for dependent children.
	Childbirth/delivery professional services	15% coinsurance	25% coinsurance	
	Childbirth/delivery facility services	15% coinsurance	25% coinsurance	
If you need help recovering or have other special health needs	Home health care	15% coinsurance	25% coinsurance	Maximum of 120 visits per year.
	Rehabilitation services	15% coinsurance	25% coinsurance	Pre-certification may be required.
	Habilitation services	15% coinsurance	25% coinsurance	
	Skilled nursing care	15% coinsurance	25% coinsurance	Maximum of 30 visits per year.
	Durable medical equipment	15% coinsurance	25% coinsurance	Pre-certification required for items over $500.

* For more information about limitations and exceptions, see the plan or policy document at www.nifmcp.com.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Hospice services	No Charge.	25% coinsurance	None.
If your child needs dental or eye care	Children's eye exam	No charge.	$35 allowed per calendar year	Maximum 1 exam per calendar year.
	Children's glasses	No charge for lenses; $180 allowed for frames.	$30-55 allowed per calendar year.	Maximum 1 pair per calendar year.
	Children's dental check-up	20% coinsurance	20% coinsurance	$1,000 maximum payable per person per calendar year. Orthodontia covered at 50% up to $1,000 per lifetime for children up to age 19. Patient responsible for balance-billing.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)*

- Acupuncture (if prescribed for rehabilitation purposes)
- Bariatric surgery
- Cosmetic surgery (except for correction of defects incurred through traumatic injuries sustained as a result of an accident within one year of the accident; correction of congenital defects; or reconstruction following cancer treatment (breast or testicular)).
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic care (Maximum 15 visits per calendar year)
- Dental care (Adult)
- Hearing aids
- Routine eye care (Adult)
- Infertility treatment

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a

* For more information about limitations and exceptions, see the plan or policy document at www.nifmcp.com.

grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the NECA/IBEW Family Medical Care Plan Benefit Office at 1-877-937-9602.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-937-9602. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-937-9602. Chinese (中文): 如果需要中文的帮助，请拨打这个号码 1-877-937-9602

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-877-937-9602.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

PRA Disclosure Statement: According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is **0938-1146**. The time required to complete this information collection is estimated to average **0.08** hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost-sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

The plan's overall deductible	$350
Specialist copayment	15%
Hospital (facility) coinsurance	15%
Other coinsurance	15%

This EXAMPLE event includes services like:
Specialist office visits *(prenatal care)*
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests *(ultrasounds and blood work)*
Specialist visit *(anesthesia)*

Total Example Cost	**$12,700**
In this example, Peg would pay:	
Cost Sharing	
Deductibles	$350
Copayments	$0
Coinsurance	$1,740
What isn't covered	
Limits or exclusions	$600*
The total Peg would pay is	**$2,690**

Managing Joe's Type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	$350
Specialist copayment	15%
Hospital (facility) coinsurance	15%
Other coinsurance	15%

This EXAMPLE event includes services like:
Primary care physician office visits *(including disease education)*
Diagnostic tests *(blood work)*
Prescription drugs
Durable medical equipment *(glucose meter)*

Total Example Cost	**$5,600**
In this example, Joe would pay:	
Cost Sharing	
Deductibles*	$350
Copayments	$0
Coinsurance	$240
What isn't covered	
Limits or exclusions	$0
The total Joe would pay is	**$590**

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

The plan's overall deductible	$350
Specialist copayment	15%
Hospital (facility) coinsurance	15%
Other coinsurance	15%

This EXAMPLE event includes services like:
Emergency room care *(including medical supplies)*
Diagnostic test *(x-ray)*
Durable medical equipment *(crutches)*
Rehabilitation services *(physical therapy)*

Total Example Cost	**$2,800**
In this example, Mia would pay:	
Cost Sharing	
Deductibles*	$350
Copayments	$100
Coinsurance	$350
What isn't covered	
Limits or exclusions	$0
The total Mia would pay is	**$800**

The plan would be responsible for the other costs of these EXAMPLE covered services.

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, you can go to www.nifmcp.com or call 1-877-937-9602. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call 1-877-937-9602 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	$350/Individual or $1,050/family.	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your deductible?	Yes. Preventive care and primary care services are covered before you meet your deductible.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan?	For network providers $1,900 individual / $3,800 family (medical); $1,000 per person/$2,000 per family (Rx).	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, expenses for out-of-network services, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See www.nifmcp.com or call 1-800-810-2583 for a list of network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	15% coinsurance	25% coinsurance	None
	Specialist visit	15% coinsurance	25% coinsurance	None.
	Preventive care/screening/ immunization	No charge.	No charge.	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. You are responsible for any balance-billing charges.
If you have a test	Diagnostic test (x-ray, blood work)	15% coinsurance	25% coinsurance	Precertification required unless an emergency. You may only be responsible for the in-network rate for certain out-of-network charges when received at an in-network facility or during an emergency medical condition. For more information, contact the Benefit Office.
	Imaging (CT/PET scans, MRIs)	15% coinsurance	25% coinsurance	
If you need drugs to treat your illness or condition More information about **prescription drug coverage** is available at www.nifmcp.com	Generic drugs (Tier 1)	No charge.	Not covered.	If you decline a generic substitution, you must pay the cost difference between the brand and generic. The difference does not apply to your out-of-pocket limit.
	Preferred brand drugs (Tier 2)	20% coinsurance	Not covered.	None.
	Non-preferred brand drugs (Tier 3)	30% coinsurance	Not covered.	Minimum $40 retail, $80 mail.
	Specialty drugs (Tier 4)	No charge, 20% or 30% coinsurance	Not covered.	Your coinsurance cost varies depending on the prescription drug. Certain drugs may require prior authorization under the Plan's Step Therapy Program.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	15% coinsurance	Not covered.	No coverage for out-of-network ambulatory surgical centers.
	Physician/surgeon fees	15% coinsurance	25% coinsurance	You may only be responsible for the in-network rate for certain out-of-network

* For more information about limitations and exceptions, see the plan or policy document at www.nifmcp.com.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
				charges when received at an in-network facility or during an emergency medical condition. For more information, contact the Benefit Office.
If you need immediate medical attention	Emergency room care	$100 copayment per occurrence; 15% coinsurance	$100 copayment per occurrence; 15% coinsurance	$100 emergency room copayment is waived if visit results in an inpatient admission. You may only be responsible for the in-network rate for certain professional charges when received at an in-network facility or during an emergency medical condition. For more information, contact the Benefit Office.
	Emergency medical transportation	15% coinsurance	15% coinsurance	
	Urgent care	15% coinsurance	25% coinsurance	
If you have a hospital stay	Facility fee (e.g., hospital room)	15% coinsurance	25% coinsurance	$250 benefit reduction for failure to pre-certify an inpatient hospitalization. You may only be responsible for the in-network rate for certain charges when received at an in-network facility or during an emergency medical condition. For more information, contact the Benefit Office.
	Physician/surgeon fees	15% coinsurance	25% coinsurance	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	15% coinsurance	25% coinsurance	None
	Inpatient services	15% coinsurance	25% coinsurance	
If you are pregnant	Office visits	15% coinsurance	25% coinsurance	Cost sharing does not apply to certain preventive services. Depending on the type of services, coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). No maternity coverage for dependent children.
	Childbirth/delivery professional services	15% coinsurance	25% coinsurance	
	Childbirth/delivery facility services	15% coinsurance	25% coinsurance	
If you need help recovering or have other special health needs	Home health care	15% coinsurance	25% coinsurance	Maximum 120 visits per calendar year.
	Rehabilitation services	15% coinsurance	25% coinsurance	Pre-certification may be required.
	Habilitation services	15% coinsurance	25% coinsurance	Maximum 35 visits per calendar year for speech therapy. Pre-certification may be required.
	Skilled nursing care	15% coinsurance	25% coinsurance	Maximum 30 visits per calendar year.

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Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Durable medical equipment	15% coinsurance	25% coinsurance	Pre-certification required for items over $500.
	Hospice services	No charge.	25% coinsurance	None.
If your child needs dental or eye care	Children's eye exam	No charge.	$35 allowed per calendar year.	Maximum 1 exam per calendar year.
	Children's glasses	No charge for lenses; $180 allowed for frames.	$30-55 allowed per calendar year.	Maximum 1 pair per calendar year.
	Children's dental check-up	20% coinsurance	20% coinsurance	$1,000 maximum payable per person per calendar year. Orthodontia covered at 50% up to $1,000 per lifetime for children up to age 19. Patient responsible for balance-billing.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)*

- Acupuncture
- Bariatric Surgery
- Cosmetic Surgery (except for correction of defects incurred through traumatic injuries sustained as a result of an accident within one year of the accident; correction of congenital defects; or reconstruction following cancer treatment (breast or testicular)).
- Long Term Care
- Private Duty Nursing
- Routine Foot Care
- Weight Loss Programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic Care (Maximum 15 visits per calendar year)
- Infertility Treatment
- Dental Care (Adult)
- Hearing Aids
- Non-emergency care when traveling outside U.S. See www.nifmcp.com
- Routine Eye Care (Adult)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: 1-866-444-EBSA (3272) or www.dol.gov/esba/healthreform. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also

* For more information about limitations and exceptions, see the plan or policy document at www.nifmcp.com.

provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the NECA/IBEW Family Medical Care Plan Benefit Office at 1-877-937-9602.

Does this plan provide Minimum Essential Coverage? Yes.
Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes.
If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-937-9602.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-937-9602.

Chinese (中文): 如果需要中文的帮助，请拨打这个号码 1-877-937-9602.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-877-937-9602.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:

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Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

The plan's overall deductible	$350
Specialist copayment	15%
Hospital (facility) coinsurance	15%
Other coinsurance	15%

This EXAMPLE event includes services like:
Specialist office visits *(prenatal care)*
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests *(ultrasounds and blood work)*
Specialist visit *(anesthesia)*

Total Example Cost	**$12,700**
In this example, Peg would pay:	
Cost Sharing	
Deductibles	$350
Copayments	$0
Coinsurance	$1,740
What isn't covered	
Limits or exclusions	$600*
The total Peg would pay is	**$2,690**

Managing Joe's Type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	$350
Specialist copayment	15%
Hospital (facility) coinsurance	15%
Other coinsurance	15%

This EXAMPLE event includes services like:
Primary care physician office visits *(including disease education)*
Diagnostic tests *(blood work)*
Prescription drugs
Durable medical equipment *(glucose meter)*

Total Example Cost	**$5,600**
In this example, Joe would pay:	
Cost Sharing	
Deductibles*	$350
Copayments	$0
Coinsurance	$240
What isn't covered	
Limits or exclusions	$0
The total Joe would pay is	**$590**

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

The plan's overall deductible	$350
Specialist copayment	15%
Hospital (facility) coinsurance	15%
Other coinsurance	15%

This EXAMPLE event includes services like:
Emergency room care *(including medical supplies)*
Diagnostic test *(x-ray)*
Durable medical equipment *(crutches)*
Rehabilitation services *(physical therapy)*

Total Example Cost	**$2,800**
In this example, Mia would pay:	
Cost Sharing	
Deductibles*	$350
Copayments	$100
Coinsurance	$350
What isn't covered	
Limits or exclusions	$0
The total Mia would pay is	**$800**

The plan would be responsible for the other costs of these EXAMPLE covered services.

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, you can go to www.nifmcp.com or call 1-877-937-9602. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call 1-877-937-9602 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	$350/Individual or $1,050/family.	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your deductible?	Yes. Preventive care and primary care services are covered before you meet your deductible.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan?	For network providers $1,900 individual / $3,800 family (medical); $1,000 per person/$2,000 per family (Rx).	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit?	Copayments for certain services, premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See www.nifmcp.com or call 1-800-810-2583 for a list of network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.

(DT - OMB control number: 1545-0047/Expiration Date: 12/31/2019)(DOL - OMB control number: 1210-0147/Expiration date: 5/31/2022)
(HHS - OMB control number: 0938-1146/Expiration date: 10/31/2022)

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	15% coinsurance.	25% coinsurance.	None
	Specialist visit	15% coinsurance.	25% coinsurance.	None.
	Preventive care/screening/ immunization	No charge.	No charge.	You are responsible for any balance-billing charges.
If you have a test	Diagnostic test (x-ray, blood work)	15% coinsurance.	25% coinsurance.	Precertification required unless an emergency. You may only be responsible for the in-network rate for certain out-of-network charges when received at an in-network facility or during an emergency medical condition. For more information, contact the Benefit Office.
	Imaging (CT/PET scans, MRIs)	15% coinsurance.	25% coinsurance.	
If you need drugs to treat your illness or condition More information about **prescription drug coverage** is available at www.nifmcp.com	Generic drugs (Tier 1)	No charge.	Not covered.	If you decline a generic substitution, you must pay the cost difference between the brand and generic. The difference does not apply to your out-of-pocket limit.
	Preferred brand drugs (Tier 2)	20% coinsurance.	Not covered.	None.
	Non-preferred brand drugs (Tier 3)	30% coinsurance.	Not covered.	Minimum $40 retail, $80 mail.
	Specialty drugs (Tier 4)	No charge, 20% or 30% coinsurance.	Not covered.	Your coinsurance cost varies depending on the prescription drug. Certain drugs may require prior authorization under the Plan's Step Therapy Program.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	15% coinsurance.	Not covered.	No coverage for out-of-network ambulatory surgical centers.
	Physician/surgeon fees	15% coinsurance.	25% coinsurance.	You may only be responsible for the in-network rate for certain out-of-network charges when received at an in-network facility or during an emergency medical condition. For more information, contact the

[* For more information about limitations and exceptions, see the plan or policy document at www.nifmcp.com.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
				Benefit Office.
If you need immediate medical attention	Emergency room care	$100 copayment per occurrence; 15% coinsurance.	$100 copayment per occurrence; 15% coinsurance.	$100 emergency room copayment is waived if visit results in an inpatient admission. You may only be responsible for the in-network rate for certain professional charges when received at an in-network facility or during an emergency medical condition. For more information, contact the Benefit Office.
	Emergency medical transportation	15% coinsurance.	15% coinsurance.	
	Urgent care	15% coinsurance.	25% coinsurance.	
If you have a hospital stay	Facility fee (e.g., hospital room)	15% coinsurance.	25% coinsurance.	$250 benefit reduction for failure to pre-certify an inpatient hospitalization. You may only be responsible for the in-network rate for certain charges when received at an in-network facility or during an emergency medical condition. For more information, contact the Benefit Office.
	Physician/surgeon fees	15% coinsurance.	25% coinsurance.	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	15% coinsurance.	25% coinsurance.	None
	Inpatient services	15% coinsurance.	25% coinsurance.	
If you are pregnant	Office visits	15% coinsurance.	25% coinsurance.	Cost sharing does not apply to certain preventive services. Depending on the type of services, coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). No maternity coverage for dependent children.
	Childbirth/delivery professional services	15% coinsurance.	25% coinsurance.	
	Childbirth/delivery facility services	15% coinsurance.	25% coinsurance.	
If you need help recovering or have other special health needs	Home health care	15% coinsurance.	25% coinsurance.	Maximum 120 visits per calendar year.
	Rehabilitation services	15% coinsurance.	25% coinsurance.	Pre-certification may be required.
	Habilitation services	15% coinsurance.	25% coinsurance.	Pre-certification may be required.
	Skilled nursing care	15% coinsurance.	25% coinsurance.	Maximum 30 visits per calendar year.
	Durable medical equipment	15% coinsurance.	25% coinsurance.	Pre-certification required for items over $500.
	Hospice services	No charge.	25% coinsurance.	None.
If your child needs dental or eye care	Children's eye exam	Not covered.	Not covered.	None.
	Children's glasses	Not covered.	Not covered.	None.

[* For more information about limitations and exceptions, see the plan or policy document at www.nifmcp.com.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Children's dental check-up	Not covered.	Not covered.	None.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)*

- Acupuncture
- Bariatric Surgery
- Cosmetic Surgery (except for correction of defects incurred through traumatic injuries sustained as a result of an accident within one year of the accident; correction of congenital defects; or reconstruction following cancer treatment (breast or testicular)).
- Dental Care (Adult)
- Long Term Care
- Private Duty Nursing
- Routine Eye Care (Adult)
- Routine Foot Care
- Weight Loss Programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic Care (Maximum 15 visits per calendar year)
- Infertility Treatment
- Hearing Aids
- Non-emergency care when traveling outside U.S. See www.nifmcp.com

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the NECA/IBEW Family Medical Care Plan Benefit Office at 1-877-937-9602.

Does this plan provide Minimum Essential Coverage? Yes.
Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes.
If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-937-9602.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-937-9602

[* For more information about limitations and exceptions, see the plan or policy document at www.nifmcp.com.

Chinese (中文): 如果需要中文的帮助，请拨打这个号码 1-877-937-9602.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-877-937-9602.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

PRA Disclosure Statement: According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is **0938-1146**. The time required to complete this information collection is estimated to average **0.08** hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

[* For more information about limitations and exceptions, see the plan or policy document at www.nifmcp.com.

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost-sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

The plan's overall deductible	$350
Specialist copayment	15%
Hospital (facility) coinsurance	15%
Other coinsurance	15%

This EXAMPLE event includes services like:
Specialist office visits *(prenatal care)*
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests *(ultrasounds and blood work)*
Specialist visit *(anesthesia)*

Total Example Cost	**$12,700**
In this example, Peg would pay:	
Cost Sharing	
Deductibles	$350
Copayments	$0
Coinsurance	$1,740
What isn't covered	
Limits or exclusions	$600*
The total Peg would pay is	**$2,690**

Managing Joe's Type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	$350
Specialist copayment	15%
Hospital (facility) coinsurance	15%
Other coinsurance	15%

This EXAMPLE event includes services like:
Primary care physician office visits *(including disease education)*
Diagnostic tests *(blood work)*
Prescription drugs
Durable medical equipment *(glucose meter)*

Total Example Cost	**$5,600**
In this example, Joe would pay:	
Cost Sharing	
Deductibles*	$350
Copayments	$0
Coinsurance	$240
What isn't covered	
Limits or exclusions	$0
The total Joe would pay is	**$590**

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

The plan's overall deductible	$350
Specialist copayment	15%
Hospital (facility) coinsurance	15%
Other coinsurance	15%

This EXAMPLE event includes services like:
Emergency room care *(including medical supplies)*
Diagnostic test *(x-ray)*
Durable medical equipment *(crutches)*
Rehabilitation services *(physical therapy)*

Total Example Cost	**$2,800**
In this example, Mia would pay:	
Cost Sharing	
Deductibles*	$350
Copayments	$100
Coinsurance	$350
What isn't covered	
Limits or exclusions	$0
The total Mia would pay is	**$800**

Note: These numbers assume the patient does not participate in the plan's wellness program. If you participate in the plan's wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: NECA/IBEW Family Medical Care Plan Benefit Office at 1-877-937-9602.
*Note: This plan has other deductibles for specific services included in this coverage example. See "Are there other deductibles for specific services?" row above.

The plan would be responsible for the other costs of these EXAMPLE covered services.

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, you can go to www.nifmcp.com or call 1-877-937-9602. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call 1-877-937-9602 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	$1,000 per person/$3,000 per family.	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your deductible?	Yes. Preventive care and primary care services are covered before you meet your deductible.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan?	For network providers $4,000 per person/ $8,000 per family (medical); $1,000 per person/$2,000 per family (Rx).	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, expenses for out-of-network services, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See www.nifmcp.com or call 1-800-810-2583 for a list of network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	30% coinsurance	40% coinsurance	None.
	Specialist visit	30% coinsurance	40% coinsurance	None.
	Preventive care/screening/ immunization	No charge.	No charge.	You are responsible for any balance-billing charges.
If you have a test	Diagnostic test (x-ray, blood work)	30% coinsurance	40% coinsurance	Precertification required unless an emergency. You may only be responsible for the in-network rate for certain out-of-network charges when received at an in-network facility or during an emergency medical condition. For more information, contact the Benefit Office.
	Imaging (CT/PET scans, MRIs)	30% coinsurance	40% coinsurance	
If you need drugs to treat your illness or condition More information about **prescription drug coverage** is available at www.nifmcp.com	Generic drugs (Tier 1)	No charge.	Not covered.	If you decline a generic substitution, you must pay the cost difference between the brand and generic. The difference does not apply to your out-of-pocket limit.
	Preferred brand drugs (Tier 2)	20% coinsurance	Not covered.	None.
	Non-preferred brand drugs (Tier 3)	30% coinsurance	Not covered.	Minimum $40 retail, $80 mail.
	Specialty drugs (Tier 4)	No charge, 20% or 30% coinsurance	Not covered.	Your coinsurance cost varies depending on the prescription drug. Certain drugs may require prior authorization under the Plan's Step Therapy Program.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	30% coinsurance	Not covered.	No coverage for out-of-network (non-PPO) ambulatory surgical centers.
	Physician/surgeon fees	30% coinsurance	40% coinsurance	You may only be responsible for the in-network rate for certain out-of-network charges when received at an in-network facility or during an emergency medical condition. For more information, contact the

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
				Benefit Office.
If you need immediate medical attention	Emergency room care	30% coinsurance	30% coinsurance	You may only be responsible for the in-network rate for certain professional charges when received at an in-network facility or during an emergency medical condition. For more information, contact the Benefit Office.
	Emergency medical transportation	30% coinsurance	30% coinsurance	
	Urgent care	30% coinsurance	40% coinsurance	
If you have a hospital stay	Facility fee (e.g., hospital room)	30% coinsurance	40% coinsurance	$250 benefit reduction for failure to pre-certify an inpatient hospitalization. You may only be responsible for the in-network rate for certain professional charges when received at an in-network facility or during an emergency medical condition. For more information, contact the Benefit Office.
	Physician/surgeon fees	30% coinsurance	40% coinsurance	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	30% coinsurance	40% coinsurance	None
	Inpatient services	30% coinsurance	40% coinsurance	
If you are pregnant	Office visits	30% coinsurance	40% coinsurance	Cost sharing does not apply to certain preventive services. Depending on the type of services, coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). No maternity coverage for dependent children.
	Childbirth/delivery professional services	30% coinsurance	40% coinsurance	
	Childbirth/delivery facility services	30% coinsurance	40% coinsurance	
If you need help recovering or have other special health needs	Home health care	30% coinsurance	40% coinsurance	Maximum 120 visits per calendar year.
	Rehabilitation services	30% coinsurance	40% coinsurance	Pre-certification may be required.
	Habilitation services	30% coinsurance	40% coinsurance	Pre-certification may be required.
	Skilled nursing care	30% coinsurance	40% coinsurance	30 maximum allowable days per calendar year.
	Durable medical equipment	30% coinsurance	40% coinsurance	Pre-certification required for items over $500.
	Hospice services	No charge.	40% coinsurance	None.
If your child needs dental or eye care	Children's eye exam	No charge.	$35 allowed per calendar year.	Maximum 1 exam per calendar year.
	Children's glasses	No charge for lenses; $180 allowed for	$35-55 allowed per calendar year.	Maximum 1 pair per calendar year.

* For more information about limitations and exceptions, see the plan or policy document at www.nifmcp.com.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
		frames.		
	Children's dental check-up	20% coinsurance	20% coinsurance	$1,000 max benefit per calendar year and orthodontia covered for dependent children (up to age 19) at 50% up to $1,000 per lifetime. Patient responsible for balance-billing.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)*

- Acupuncture
- Bariatric Surgery
- Cosmetic Surgery (except for correction of defects incurred through traumatic injuries sustained as a result of an accident within one year of the accident; correction of congenital defects; or reconstruction following cancer treatment (breast or testicular)).
- Long Term Care
- Private Duty Nursing
- Routine Foot Care
- Weight Loss Programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic Care (Maximum 12 visits per calendar year)
- Infertility Treatment
- Dental Care (Adult)
- Hearing Aids
- Non-emergency care when traveling outside U.S. See www.nifmcp.com
- Routine Eye Care (Adult)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the NECA/IBEW Family Medical Care Plan Benefit Office at 1-877-937-9602.

Does this plan provide Minimum Essential Coverage? Yes.
Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

* For more information about limitations and exceptions, see the plan or policy document at www.nifmcp.com.

Does this plan meet the Minimum Value Standards? **Yes.**

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-937-9602.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-937-9602.

Chinese (中文): 如果需要中文的帮助，请拨打这个号码 1-877-937-9602.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-877-937-9602.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost-sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

The plan's overall deductible	$1,000
Specialist copayment	30%
Hospital (facility) coinsurance	30%
Other coinsurance	30%

This EXAMPLE event includes services like:
Specialist office visits *(prenatal care)*
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests *(ultrasounds and blood work)*
Specialist visit *(anesthesia)*

Total Example Cost	**$12,700**
In this example, Peg would pay:	
Cost Sharing	
Deductibles	$1,000
Copayments	$0
Coinsurance	$3,290
What isn't covered	
Limits or exclusions	$600*
The total Peg would pay is	**$4,890**

Managing Joe's Type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	$1,000
Specialist copayment	30%
Hospital (facility) coinsurance	30%
Other coinsurance	30%

This EXAMPLE event includes services like:
Primary care physician office visits *(including disease education)*
Diagnostic tests *(blood work)*
Prescription drugs
Durable medical equipment *(glucose meter)*

Total Example Cost	**$5,600**
In this example, Joe would pay:	
Cost Sharing	
Deductibles*	$1,000
Copayments	$0
Coinsurance	$280
What isn't covered	
Limits or exclusions	$0
The total Joe would pay is	**$1,280**

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

The plan's overall deductible	$1,000
Specialist copayment	30%
Hospital (facility) coinsurance	30%
Other coinsurance	30%

This EXAMPLE event includes services like:
Emergency room care *(including medical supplies)*
Diagnostic test *(x-ray)*
Durable medical equipment *(crutches)*
Rehabilitation services *(physical therapy)*

Total Example Cost	**$2,800**
In this example, Mia would pay:	
Cost Sharing	
Deductibles*	$1,000
Copayments	$0
Coinsurance	$540
What isn't covered	
Limits or exclusions	$0
The total Mia would pay is	**$1,540**

The plan would be responsible for the other costs of these EXAMPLE covered services.

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, you can go to www.nifmcp.com or call 1-877-937-9602. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call 1-877-937-9602 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	**$1,000** per person/**$3,000** per family.	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your deductible?	Yes. Preventive care and primary care services are covered before you meet your deductible.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan?	For network providers **$4,000** per person/ **$8,000** per family (medical); **$1,000** per person/**$2,000** per family (Rx).	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, expenses for out-of-network services, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See www.nifmcp.com or call 1-800-810-2583 for a list of network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	30% coinsurance	40% coinsurance	None.
	Specialist visit	30% coinsurance	40% coinsurance	None.
	Preventive care/screening/ immunization	No charge.	No charge.	You are responsible for any balance-billing charges.
If you have a test	Diagnostic test (x-ray, blood work)	30% coinsurance	40% coinsurance	Precertification required unless an emergency. You may only be responsible for the in-network rate for certain out-of-network charges when received at an in-network facility or during an emergency medical condition. For more information, contact the Benefit Office.
	Imaging (CT/PET scans, MRIs)	30% coinsurance	40% coinsurance	
If you need drugs to treat your illness or condition More information about **prescription drug coverage** is available at www.nifmcp.com	Generic drugs (Tier 1)	No charge.	Not covered.	If you decline a generic substitution, you must pay the cost difference between the brand and generic. The difference does not apply to your out-of-pocket limit.
	Preferred brand drugs (Tier 2)	20% coinsurance	Not covered.	None.
	Non-preferred brand drugs (Tier 3)	30% coinsurance	Not covered.	Minimum $40 retail, $80 mail.
	Specialty drugs (Tier 4)	No charge, 20% or 30% coinsurance	Not covered.	Your coinsurance cost varies depending on the prescription drug. Certain drugs may require prior authorization under the Plan's Step Therapy Program.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	30% coinsurance	Not covered.	No coverage for out-of-network (non-PPO) ambulatory surgical centers.
	Physician/surgeon fees	30% coinsurance	40% coinsurance	You may only be responsible for the in-network rate for certain out-of-network charges when received at an in-network facility or during an emergency medical condition. For more information, contact the

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
				Benefit Office.
If you need immediate medical attention	Emergency room care	30% coinsurance	30% coinsurance	You may only be responsible for the in-network rate for certain professional charges when received at an in-network facility or during an emergency medical condition. For more information, contact the Benefit Office.
	Emergency medical transportation	30% coinsurance	30% coinsurance	
	Urgent care	30% coinsurance	40% coinsurance	
If you have a hospital stay	Facility fee (e.g., hospital room)	30% coinsurance	40% coinsurance	$250 benefit reduction for failure to pre-certify an inpatient hospitalization. You may only be responsible for the in-network rate for certain charges when received at an in-network facility or during an emergency medical condition. For more information, contact the Benefit Office.
	Physician/surgeon fees	30% coinsurance	40% coinsurance	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	30% coinsurance	40% coinsurance	None
	Inpatient services	30% coinsurance	40% coinsurance	
If you are pregnant	Office visits	30% coinsurance	40% coinsurance	Cost sharing does not apply to certain preventive services. Depending on the type of services, coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). No maternity coverage for dependent children.
	Childbirth/delivery professional services	30% coinsurance	40% coinsurance	
	Childbirth/delivery facility services	30% coinsurance	40% coinsurance	
If you need help recovering or have other special health needs	Home health care	30% coinsurance	40% coinsurance	Maximum 120 visits per calendar year.
	Rehabilitation services	30% coinsurance	40% coinsurance	Pre-certification may be required.
	Habilitation services	30% coinsurance	40% coinsurance	Pre-certification may be required.
	Skilled nursing care	30% coinsurance	40% coinsurance	30 maximum allowable days per calendar year.
	Durable medical equipment	30% coinsurance	40% coinsurance	Pre-certification required for items over $500.
	Hospice services	No charge.	40% coinsurance	None.
If your child needs dental or eye care	Children's eye exam	No charge.	$35 allowed per calendar year.	Maximum 1 exam per calendar year.
	Children's glasses	No charge for lenses; $180 allowed for	$35-55 allowed per calendar year.	Maximum 1 pair per calendar year.

* For more information about limitations and exceptions, see the plan or policy document at www.nifmcp.com.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
		frames.		
	Children's dental check-up	20% coinsurance	20% coinsurance	$1,000 max benefit per calendar year and orthodontia covered for dependent children (up to age 19) at 50% up to $1,000 per lifetime. Patient responsible for balance billing.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)*

- Acupuncture
- Bariatric Surgery
- Cosmetic Surgery (except for correction of defects incurred through traumatic injuries sustained as a result of an accident within one year of the accident; correction of congenital defects; or reconstruction following cancer treatment (breast or testicular)).
- Long Term Care
- Private Duty Nursing
- Routine Foot Care
- Weight Loss Programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic Care (Maximum 12 visits per calendar year)
- Dental Care (Adult)
- Hearing Aids
- Infertility Treatment
- Non-emergency care when traveling outside U.S. See www.nifmcp.com
- Routine Eye Care (Adult)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: contact the NECA/IBEW Family Medical Care Plan Benefit Office at 1-877-937-9602.

Does this plan provide Minimum Essential Coverage? Yes.
Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

* For more information about limitations and exceptions, see the plan or policy document at www.nifmcp.com.

Does this plan meet the Minimum Value Standards? **Yes.**

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-937-9602.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-937-9602.

Chinese (中文): 如果需要中文的帮助，请拨打这个号码 1-877-937-9602.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-877-937-9602.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost-sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

The plan's overall deductible	$1,000
Specialist copayment	30%
Hospital (facility) coinsurance	30%
Other coinsurance	30%

This EXAMPLE event includes services like:
Specialist office visits *(prenatal care)*
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests *(ultrasounds and blood work)*
Specialist visit *(anesthesia)*

Total Example Cost	**$12,700**
In this example, Peg would pay:	
Cost Sharing	
Deductibles	$1,000
Copayments	$0
Coinsurance	$3,290
What isn't covered	
Limits or exclusions	$600*
The total Peg would pay is	**$4,890**

Managing Joe's Type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	$1,000
Specialist copayment	30%
Hospital (facility) coinsurance	30%
Other coinsurance	30%

This EXAMPLE event includes services like:
Primary care physician office visits *(including disease education)*
Diagnostic tests *(blood work)*
Prescription drugs
Durable medical equipment *(glucose meter)*

Total Example Cost	**$5,600**
In this example, Joe would pay:	
Cost Sharing	
Deductibles*	$1,000
Copayments	$0
Coinsurance	$280
What isn't covered	
Limits or exclusions	$0
The total Joe would pay is	**$1,280**

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

The plan's overall deductible	$1,000
Specialist copayment	30%
Hospital (facility) coinsurance	30%
Other coinsurance	30%

This EXAMPLE event includes services like:
Emergency room care *(including medical supplies)*
Diagnostic test *(x-ray)*
Durable medical equipment *(crutches)*
Rehabilitation services *(physical therapy)*

Total Example Cost	**$2,800**
In this example, Mia would pay:	
Cost Sharing	
Deductibles*	$1,000
Copayments	$0
Coinsurance	$540
What isn't covered	
Limits or exclusions	$0
The total Mia would pay is	**$1,540**

The plan would be responsible for the other costs of these EXAMPLE covered services.