

## How do I create an account on alliedbenefit.com?

As an Allied plan member, alliedbenefit.com allows you to track your health care benefits online and access timely information and tools to help you make better health care decisions.

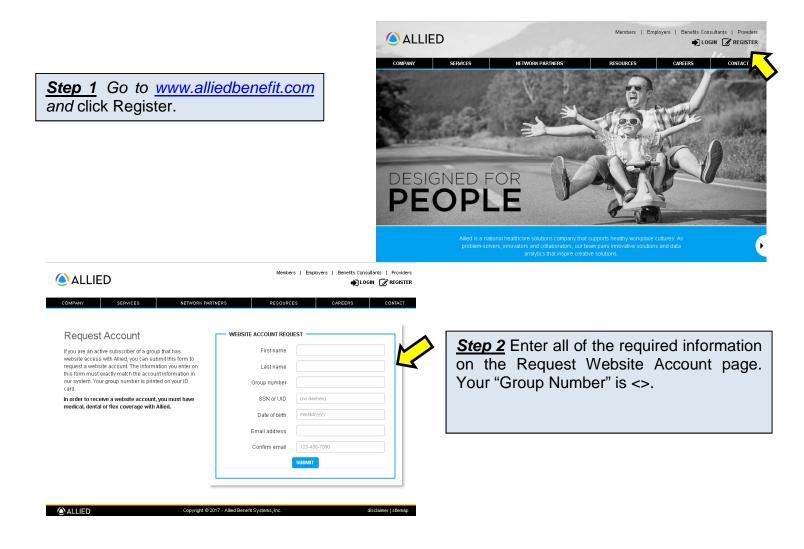
View your own Personal Health Record which provide you with a complete record of all your health care activity

Detailed access to claims information and reports help you understand how your claims have been processed

Check quality of hospitals; compare drug treatment options

Get answers to medical questions via Allied's knowledge database

Receive wellness reminders for tests and annual exams



Once your request is submitted, you will receive two emails from notifications@alliedbenefit.com with instructions on how to authenticate your account. You MUST click the link in the second email to complete the registration.